

FREMONT BUSINESS NOW



VIRTUAL EDITION

A publication of the Fremont Chamber of Commerce

OCTOBER 2022

STATE OF THE COUNTY OCT 12



DOWNTOWN EVENT CENTER



STATE OF THE COUNTY, PAGE 3

MESSAGE FROM THE CHAIR, PAGE 2

WEBSITE REFERRALS, PAGE 3

NEW MEMBERS, PAGE 4

CALENDAR, PAGE 5

SAVE WATER, PAGE 8

SHORT ON STAFF?, PAGE 9

GOALSETTING, PAGE 9

NEW CONNECTION CLUB, PAGE 10

JOB FAIR, PAGE 11



LEADERSHIP FREMONT, PAGE 6



CHAMBER POSITIONS, PAGE 7

MESSAGE FROM BOARD CHAIR JASMINE BASRAI

MEMBER BENEFIT: HOSTING A MIXER

If you've ever attended a Fremont Chamber of Commerce Mixer you know they are an excellent way to connect with business and community leaders and that the networking opportunity can open doors for your professional success. Mixers are an unparalleled opportunity to learn about the member business hosting the networking function as you are invited into their place of business and given the opportunity to meet their staff and hear from their leadership about the organization.

Have you ever left a mixer and wondered how to host such an event and the myriad of opportunities it could breathe for your business? Or maybe you haven't yet had the opportunity to attend a Fremont Chamber Mixer but you've been wondering how you can get your business of business and community leaders and have a captive audience to spread your company message to.

As a Fremont Chamber member you have access to one of the best benefits a Chamber offers, the opportunity to host a business networking Mixer at your organization. Hosting a Mixer is one of the fastest ways to be known in the business community and they remain one of the most popular Chamber benefits. Hosting a Mixer is an excellent way to invite potential business growth partners into your offices and educate attendees about your organizations' services and products or mission and vision.

Mixers take place on the 2nd and 4th Wednesday of each month from 5 p.m. to 7 p.m. The Fremont Chamber invites its members to attend at no charge, and prospective Chamber members may also attend to meet Chamber staff and learn about the various benefits of Chamber membership before deciding to join. The fee to host a Fremont Chamber Mixer is \$250.

If you are interested in hosting a Mixer or knowing more about the benefits and opportunities associated with chamber membership contact our Director of Membership Development Lindsey Knight at lknight@fremontbusiness.com or call 510-795-2244.

View all our upcoming events on our Chamber event calendar on our website at <https://web.fremontbusiness.com/events>.



Board Chair Basrai and Festival Chair Dirk Lorenz

Wow what a great Festival of the Arts! It was so great to see the community come together and support and shop local. I want to give a special shout out to the chamber staff without their hard work and dedication the Festival could not have been such a success. Also to all of our volunteers and board members who stepped up to help out thank you! The success of the chamber is built on our volunteers. If you are interested in helping out at future events, reach out to anyone on the chamber staff. Street eats is still going strong and a great way to get out and enjoy the weather and some great food and drinks. Membership is also what makes our chamber so amazing if you know someone who is interested in becoming a member reach out to our newest staff member Lindsey Knight at lknight@fremontbusiness.com.



Festival volunteers Kathy Kimberlin, Dave Lowman, Dirk Lorenz, Gael Stewart





WEBSITE REFERRALS: JULY AND AUGUST

The Fremont Chamber of Commerce maintains a website that works 24/7 for our members. Referrals from us means business for you! Even when the Chamber is closed, our website at fremontbusiness.com is still working for our members. Referrals are generated when website visitors search the [business directory](#).

BUSINESS DIRECTORY REFERRALS - JULY

Period: July 1 to July 31, 2022

Total number of referrals from the website business directory this period: **96,838**. Each member averaged **43.54** referrals from the website. Each day this period there was an average of **3,124** referrals from the website.

MOST POPULAR PAGES IN JULY

- Home page
- Community Calendar
- Event: Festival of the Arts
- Find a Business
- Contact Us page



BUSINESS DIRECTORY REFERRALS - AUGUST

Period: August 1 to August 31, 2022

Total number of referrals from the website business directory this period: **155,376**. Each member averaged **82.65** referrals from the website. Each day this period there was an average of **5,012** referrals from the website.

MOST POPULAR PAGES IN AUGUST

- Home page
- Community Calendar
- Find a Business
- Job Bank
- Contact Us page

STATE OF THE COUNTY: OCTOBER 12

The Fremont Chamber of Commerce is pleased to present the in-person State of the County address on October 12th from noon to 1 p.m. at the new Fremont Downtown Event Center. The event includes a Lunch, networking, and Alameda County Supervisor David Haubert (District 1). The Fremont Chamber of Commerce State of the County event is one of the premier business networking events in Alameda County attended by business and community leaders.

Wednesday, October 12, 2022 Noon - 1PM PST
Downtown Event Center, 3500 Capitol Avenue
Fremont, CA 94538

11:30 a.m. — Registration & Lunch
Noon – 1 p.m. — Main Program

[REGISTER ONLINE](#)



New Members July

Kissed by my Lou

E-Commerce
[web](#) | [insta](#) | [facebook](#)

Stretch Lab

Wellness
2720 Mowry Ave
Fremont, CA 94538
[web](#) | [insta](#) | [facebook](#) | [linkedin](#)

ASHLEY Furniture

Retail Sales
43435 Boscell Rd
Fremont, CA 94538
[web](#)

Forest & Flour

Coffee/Tea Shop
43587 Mission Blvd.
Fremont, CA 94539
[web](#) | [insta](#) | [facebook](#)

OrangeTheory Fitness (new location)

Fitness
46505 Mission Blvd.
Fremont, CA 94539
[web](#)

Farmers Insurance - Tammi Aqueche

Insurance
36660 Newark Blvd, Suite A
Newark, CA 94560
[web](#) | [facebook](#) | [linkedin](#)

Niles Candle Company

Specialty Retail
37635 Niles Blvd
Fremont, CA 94536
[insta](#)

Leaf Filter Gutter Protection

Home Services
1595 Georgetown Rd.
Hudson, OH 44236
[web](#) | [facebook](#)

Tri-City Nonprofit Coalition

Nonprofit
3601 Thornton Ave #14
Fremont, CA 94536
[web](#) | [facebook](#)

Father Obsidian

Fremont, CA
CBD Products
[web](#) | [insta](#) | [facebook](#)

Body & Brain Yoga & Tai Chi

Health and Wellness
39360 Fremont Blvd.
Fremont, CA 94538
[web](#) | [facebook](#)

Apple Spice Silicon Valley

Catering
39233 Cedar Blvd
Newark, CA 94560
[web](#) | [facebook](#)

Olive Hyde Art Guild

Nonprofit
123 Washington Blvd.
Fremont, CA 94539
[web](#)

Safari Kid Preschool - Irvington

Early Childhood Education
41811 Blacow Rd
Fremont, CA 94538
[web](#) | [facebook](#)

Dana Dargos - Author & Creative Content Creator

Author
[web](#) | [insta](#) | [facebook](#) | [twitter](#) | [youtube](#)

Deka Lash

Beauty and Wellness
3658K Capitol Avenue
Fremont, CA 94538
[web](#) | [insta](#) | [facebook](#)

510CaliforniaDécor

Bath & Body & Home
[insta](#) | [facebook](#)

New Members August

Xenia Hailu, Realtor

Real Estate - Residential
Fremont, CA 94538
(424) 288-0286

Air for Life CPAP Services

Medical Device Manufacturer
39817 Paseo Padre Pkwy
Fremont, CA 94538
[web](#) | [insta](#) | [facebook](#) | [yelp](#)

Century House and Gardens

Event & Meeting Space
37447 Fremont Blvd.
Fremont, CA 94536
[web](#) | [insta](#)

Sari-Sari Shop

Meeting & Event Venue
[web](#) | [insta](#) | [facebook](#)

Niles Flying A

Meeting & Event Venue
37810 3rd St
Fremont, CA 94536
[web](#) | [insta](#) | [facebook](#) | [youtube](#)

Bloom Energy

Manufacturing
4353 N First St
San Jose, CA 95134
[web](#) | [facebook](#) | [youtube](#) | [linkedin](#) | [twitter](#)

Rotary Club of Fremont Bridge

Nonprofit

Learn & Play Montessori School

Schools - Academic - Pre-Schools & Kindergarten
2550 Peralta Boulevard
Fremont, CA 94536
[web](#) | [insta](#) | [facebook](#)

Fremont Podcast

Media & Entertainment Services
[web](#) | [insta](#) | [facebook](#) | [youtube](#) | [twitter](#)

California Plantin'

Nurseries-Retail
3791 Smith St
Union City, CA 94587
[web](#) | [insta](#) | [facebook](#)

Petrocelli Homes Realty Group

Real Estate
37825 Niles Blvd
Fremont, CA 94536
[web](#) | [insta](#) | [facebook](#)

VISIT OUR ONLINE MEMBER DIRECTORY!

[FREMONTBUSINESS.COM](https://www.fremontbusiness.com)

OCTOBER 2022 COMMUNITY CALENDAR

Members, do you have an upcoming event? Submit it on our website at <https://web.fremontbusiness.com/events/eventsubmission.aspx>

Fremont Street Eats

Friday, October 7, 2022

5:00 PM - 9:00 PM

Downtown Event Center

3500 Capitol Avenue

Fremont, CA 94538

Mission San Jose Olive Festival

Saturday, October 8 & 9, 2022

10:00 AM - 5:00 PM

43326 Mission Blvd.

Fremont, CA 94539

43326 Mission Blvd. (Behind the Historic Old

Mission San Jose in the Dominican Sisters of

Mission San Jose Olive Grove)

Fremont, CA 94539



Chalk Festival At Pacific

Commons

Sunday, October 9, 2022

12:00 PM - 3:00 PM

43806 Pacific Commons Blvd

Fremont, CA 94538

The Block

State Of The County

Wednesday, October 12, 2022

11:30 AM - 1:00 PM

Downtown Event Center

3500 Capitol Avenue

Fremont, CA 94538

Fremont Street Eats

Friday, October 14, 2022

5:00 PM - 9:00 PM

Downtown Event Center

3500 Capitol Avenue

Fremont, 94538

Ribbon Cutting At Forest & Flour

Friday, October 21, 2022

2:00 Noon - 1:00 PM

Forest and Flour

43587 Mission Blvd.

Fremont, CA 94539

Do you have an upcoming event?
Submit it at [fremontbusiness.com](https://web.fremontbusiness.com)



Olive Hyde Art Guild Holiday For The Arts 2022

Friday, October 21, 2022

5:00 PM - Sunday, October 23, 2022

Olive Hyde Art Gallery & Art Center 123

Washington Boulevard

Fremont, CA 94539

Fremont Street Eats

Friday, October 21, 2022

5:00 PM - 9:00 PM

Downtown Event Center

3500 Capitol Avenue

Fremont, 94538

East Bay SPCA Fall Festival & Open House

Saturday, October 22, 2022

11:00 AM - 2:00 PM

4641 Gleason Drive

Dublin, CA 94568

East Bay SPCA - Dublin Campus

4651 Gleason Drive, Dublin, CA 94568

Job Fair At The Downtown Event Center

Tuesday, October 25, 2022

11:00 AM - 3:00 PM

Downtown Event Center

3500 Capitol Avenue

Fremont, CA 94538

Mixer at Fremont Hills

Wednesday, October 26, 2022

5:00 PM - 7:00 PM

Fremont Hills Assisted Living

35490 Mission Blvd.

Fremont, CA 94536



YOU ARE INVITED TO JOIN LEADERSHIP FREMONT



The Leadership Fremont Class of 2019

More than 200 leaders who live or work in the Tri-Cities have found Leadership Fremont to be an ideal venue for networking, community involvement and professional development. This is your opportunity to become one of them.

Leadership Fremont is a convenient and cost-effective way to:

- Enhance your profile and connections with local leaders and organizations.
- Learn from top executives in government, business and nonprofit sectors.
- Become better informed about our city, its issues and its opportunities.
- Hone leadership, supervisory and project management skills.
- Develop resource- and problem-solving networks.

Who attends Leadership Fremont?

Class members are leaders or potential leaders interested in personal and professional development. Alumni include elected officials, corporate executives, nonprofit and government decision-makers, board members, and community volunteers.

Washington Hospital, City of Fremont, Fremont Bank and other Tri-Cities organizations regularly enroll employees in Leadership Fremont.

What do sessions cover?

Expert presenters, interactive discussions and hands-on activities fill a typical day. Guest speakers include elected officials, city managers, fire and police chiefs, school superintendents, members of the media, business and nonprofit executives, and many more knowledgeable professionals.

Explore a different community issue at each of the nine sessions:

- Environment and challenges of growth
- Local government and regional stewardship
- Quality of life
- Media, marketing and communication
- Education
- Economic development
- Public safety and social issues
- Health and human services

Delve into essential leadership topics:

- Communication styles
- Group dynamics
- Team building
- Consensus building
- Decision making
- Presentation skills
- Dimensions of leadership
- Personal leadership skills
- Conflict resolution
- Change and transition

What does the class project involve?

Each class selects a community project by identifying a need and developing a strategic approach to address it. They agree on tactics, coordinate resources, implement their plan, and quantify results. Students work on the project both inside and outside class sessions.

Past projects have included:

Class of 2020

Raising money and purchasing a mobile pantry ("Food Farmacy") van for Tri City Volunteer food bank so that the at-risk population can be better served.

Class of 2019

Creating a short PSA (video) to highlight the

mission, programs, and locations of HERS Breast Cancer Foundation to aid them in fundraising and awareness.

Class of 2018

Restocking, replenishing, and replacing Abode's Sunrise Village Shelter kitchen in Fremont. This included a new fridge, stove, cooking utensils, food, and much more.

How can I join Leadership Fremont?

Ideal applicants already play a leadership role at work or in the community, or have a strong interest in doing so.

To join the next Leadership Fremont class:

Obtain the full endorsement and support of your sponsoring organization. Most cover tuition and grant paid time off to attend. Commit to attending all nine sessions (8:30 a.m.–5 p.m. one Thursday a month, October through June) and participating in the class project.

Send in your [application](#). Apply for a partial scholarship if needed. Visit our [website](#) or contact the Fremont Chamber of Commerce at (510) 795-2244.

The selection committee chooses up to 20 participants. In addition to leadership potential, they consider how each candidate represents the diversity of our community. Pay tuition prior to the first session, or make other arrangements by contacting the [Chamber](#). Tuition is \$1,000 (\$1,500 for non-members) and covers the facilitator, class materials, facilities, meals, graduation, and other expenses.

Leadership Fremont culminates in a graduation ceremony that recognizes your achievements and sets you on a path to apply your newly obtained knowledge, connections and skills.



REGISTER TO VOTE

You can apply to register to vote right now by filling in the online application at registertovote.ca.gov. The application is available in English, Spanish, Chinese, Hindi, Japanese, Khmer, Korean, Tagalog, Thai, and Vietnamese. If you have any questions, contact the Secretary of State's Elections Division at (800) 345-VOTE (8683) or by [email](#).

If you are enrolled in California's confidential address program, Safe At Home, please do not apply to register to vote using this site. Contact the Safe At Home program toll-free at (877) 322-5227 or by the [Safe At Home email](#).

Qualifications to Register to Vote

To register to vote in California, you must be:

- A United States citizen and a resident of California (for information on voters in the military or overseas, please see [Military and Overseas Voters](#)),
- 18 years old or older on Election Day,
- Not currently serving a state or federal prison term for the conviction of a felony (for more information, please see [Voting Rights: Persons with a Criminal History](#)), and
- Not currently found mentally incompetent to vote by a court (for more information, please see [Voting Rights: Persons Subject to Conservatorship](#)).

Qualifications to Pre-register to Vote

To [pre-register](#) to vote in California, you must:

- Be 16 or 17 years old, and
- Meet all of the other eligibility requirements to vote.

You will automatically be registered to vote on your 18th birthday.

More: registertovote.ca.gov



THE CHAMBER'S POSITIONS: NO ON 29 AND 30, YES ON 31

BY MATT SENEKEREMIAN
DIRECTOR OF GOVERNMENT AND COMMUNITY AFFAIRS

The Fremont Chamber of Commerce takes positions on measures that we believe will have a clear and direct impact on our business community, the economic vitality of our area, and the overall quality of life in Fremont. The Fremont Chamber Board of Directors has reviewed all of the measures on this upcoming ballot and made recommendations on three of them: Propositions 29, 30, and 31.

Proposition 29: OPPOSE

Requires on-site Licensed Medical Professional at Kidney Dialysis Clinics and Establishes Other State Requirements. Initiative Statute.

Requires physician, nurse practitioner, or physician assistant, with six months' relevant experience, on site during treatment at outpatient kidney dialysis clinics; authorizes exemption for staffing shortage if qualified medical professional is available through telehealth. Requires clinics to disclose to patients all physicians with clinic ownership interests of five percent or more. Requires clinics to report dialysis-related infection data to state. Prohibits clinics from closing or substantially reducing services without state approval. Prohibits clinics from refusing to treat patients based on source of payment.

Proposition 30: OPPOSE

Requires on-site Licensed Medical Professional at Kidney Dialysis Clinics and Establishes Other State Requirements. Initiative Statute.

Increases tax on personal income over \$2 million by 1.75% for individuals and married couples and allocates new tax revenues as follows: (1) 45% for rebates and other incentives for zero-emission vehicle purchases and 35% for charging stations for zero-emission vehicles, with at least half of this funding directed to low-income households and communities; and (2) 20% for wildfire prevention and suppression programs, with priority given to hiring and training firefighters. Requires audits of programs and expenditures.

Proposition 31: SUPPORT

Referendum Challenging a 2020 Law Prohibiting Retail Sale of Certain Flavored Tobacco Products.

If the required number of registered voters sign this petition and the petition is timely filed, there will be a referendum challenging a 2020 law on the next statewide ballot after the November 3, 2020 general election. The challenged law prohibits the retail sale of certain flavored tobacco products and tobacco flavor enhancers. The referendum would require a majority of voters to approve the 2020 state law before it can take effect.



STEP UP AND TAKE ACTION TO SAVE WATER

SUBMITTED BY THE ALAMEDA COUNTY WATER DISTRICT

During the warmer summer months, the average household in Fremont, Newark and Union City typically uses nearly 275 gallons of water per day. About 30% of that is used outdoors. Help reduce the strain on our water supply by taking one simple action today to save water for tomorrow.

There are many ways you can step up and conserve water to make a difference during drought. Every drop saved counts!

Easy, actionable steps you can take to save water now:

Indoor Water Saving Tips

- Skip a flush
- Take shorter showers
- Turn off the water when brushing teeth or

shaving

- Capture water in a bucket while waiting for the shower to warm; use the water for plants or flushing
- Wash only full loads of dishes and laundry

Outdoor Water Saving Tips

- Fix irrigation leaks
- Let your car go dirty; skip car washes
- Use a broom instead of a hose
- Prioritize water for trees & edible gardens
- Limit sprinkler use to no more than 2 days per week
- Avoid water waste & irrigation runoff

Fun tip: Use cooled pasta water or rice rinse water for watering plants!

For more water-saving tips, rebates and info, visit: <https://www.acwd.org/510/Drought-Conservation-Resource-Center>



WATER SAVING REBATES

For Your Home and Garden

New! - Lawn Be Gone Rebate Program

ACWD is transitioning its turf removal rebate program to a new online platform with assistance from the Bay Area Water Supply and Conservation Agency (BAWSCA). All ACWD customers can continue to receive a rebate for converting their lawns to water-efficient landscape. ACWD is currently offering \$2.00/sq.ft of lawn that is replaced with water-efficient landscape.

Rain Barrel Rebates

The Bay Area Water Supply and Conservation Agency (BAWSCA) is offering rebates on behalf of ACWD for the purchase and installation of qualifying rain barrels. Visit the BAWSCA Rain Barrel Rebate Website.

For Your Business

High Efficiency Toilet & Urinal Rebates

ACWD offers a \$150 rebate for each high use, high volume commercial toilet or urinal replaced with a qualifying High Efficiency Toilet (HET) or High Efficiency Urinal (HEU) at service area businesses and organizations. Sites must be pre-qualified - Please contact us for more information about how to get pre-qualified.

Weather-based "Smart" Irrigation Controller Rebates (for your business)

A Smart controller uses weather data and site information to adjust irrigation watering times and frequency. Commercial and large landscape customers that replace their existing conventional irrigation controller with a "smart" irrigation controller may qualify for a rebate of up to \$30* per active station. See our Program Brochure (PDF) for more information.

Funding for the Water-Efficient Landscape Rebate and the Weather-Based Irrigation Controller Rebates has been provided in part from the Water Quality, Supply, and Infrastructure Improvement Act of 2014 and through an agreement with the State Department of Water Resources.

**GREEN
FREMONT**

**CALIFORNIA
GREEN BUSINESS
NETWORK**

ALAMEDA COUNTY

BECOME A CERTIFIED GREEN BUSINESS AND SAVE MONEY

The Green Business Certification is a free service that benefits businesses and organizations who participate via technical assistance, which will in turn decrease their monthly utility costs, give them a \$500 rebate opportunity, and provide advertisement opportunities that aid in communicating their environmental commitment to the public.

greenbusinessca.org/alamedacounty

SHORT ON STAFF?

The COVID-19 pandemic has exhausted healthcare providers and staff alike. And yet, patients still need care.

The staffing crisis is not a short-term issue that can be overcome in six months. So, it may be time to think of more long-term solutions that will improve your efficiency, productivity, and profitability.

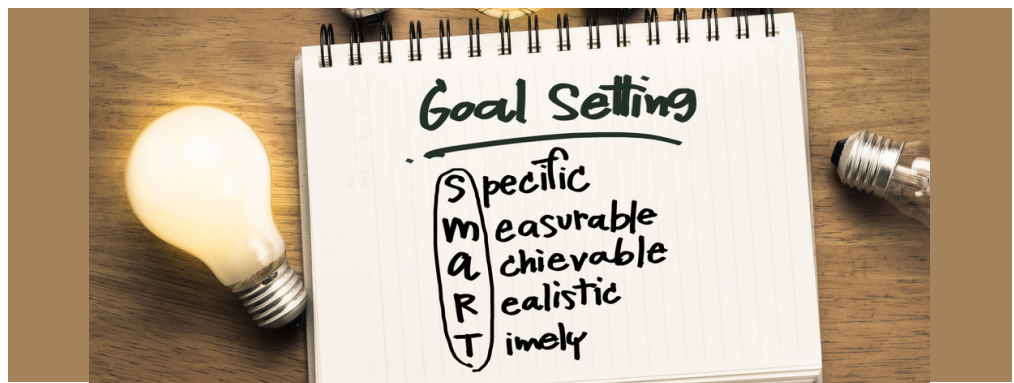
Here are 3 ways to help get you started:

Reduce manual workloads through technology—by automating time-consuming processes such as intake, consent management, payments, and scheduling—and turning those tasks over to patients. Automating many tasks also can help ease employee burnout and increase retention by opening staff time to concentrate on higher-value tasks, including focusing on the patient experience. Invest in a website, that will allow patients to complete intake forms, self-schedule, make payments, and even receive appointment reminders

Create a customer service culture that enables your staff to feel good about providing superior service to patients. Model the culture and continuously train and communicate with your staff. Recognize and acknowledge your staff when they are performing well and offer constructive feedback when you see some room for improvement. Staff are more likely to stay in their jobs, and treat your patients well, when they feel appreciated and valued.

Outsource your administrative tasks and medical billing. You won't need to worry about turnover, sick or vacation coverage, or constantly having to train new staff. Outsourcing keeps your productivity streamlined, reduces costs, and increases your monthly cash flow, and allows you to concentrate on running your business and taking care of your patients.

MedBill Consulting Services is a practice management and medical billing company, located in Newark, California. We focus on providing personalized services to the small and mid-sized private medical practice, from solo to multi-provider offices, that include medical and patient billing, denial management, and virtual assistance. Our goal is to support fellow small businesses by reducing the administrative burdens of clinicians and their staff. Contact soniab@medbillconsultingservices.com. Website: www.medbillconsultingservices.com.



GOALSETTING IS KEY TO SUCCESSFUL HEALTH & FITNESS PROGRAMS

BY MIGUEL SANDOVAL
OWN IT FITNESS

Goal setting is a tried and true method to achieve the things we want or a state we desire. One of the most prominent places we see this method is when it comes to our health & fitness. Who among us hasn't set a goal to lose weight, get stronger, improve stamina and generally feel more confident about the way they look and feel? That being said, setting goals is much more complicated than we think.

Emotions are a key factor when setting goals. Oftentimes, it's passion that drives us to a goal we wish to achieve. Where most people fail though is not spending enough time in the actual process of setting the goal, they focus on an idea and not a specific goal. For example, "I want to be fit and healthy" versus a focused goal of "I want to drop 20 pounds, lower my blood pressure and cholesterol."

Goals must be SMART. SMART is not a new technique to setting goals, it's a tried and true method, but let's break it down as a refresher or for those who may be new to goal setting.

SMART - Specific, Measurable, Achievable, Realistic, Timely. You have to apply this method when attempting to set any kind of goal, fitness or otherwise, if you want to set yourself up to have the best chance for success!

This illustrates how "I want to lose weight" is just an idea versus "I want to lose 20 pounds by September 1st because I'm at my sister's wedding and I want to look good in my outfit" is an actual goal using the SMART method.

Goals with substance are hard to come by because it requires a great deal of thought and it also makes us face things where we might otherwise be reluctant. If you've been avoiding a particular challenge or experienced failure multiple times in achieving a goal, it can be hard to look in the mirror and realize you have been using an ineffective approach, especially after having put in so much effort.

That being said, you should never feel like the effort you put in doesn't warrant merit. Hard work is a requirement of fitness goals. You need to understand what you're working towards and what tools you need to achieve the said goal. So, when setting your next big fitness goal or goals, remember to use SMART:

SPECIFIC - A specific weight, exercise goal, clothing size, etc.

MEASUREABLE - Have metrics to track.

ACHIEVABLE - Don't make the goal too big, too fast. Be challenged but not overwhelmed.

REALISTIC - When you're starting, deciding to do a marathon isn't best, start w/ a 5k and build up.

TIMELY - Have a hard set time to achieve the goal.

Miguel Sandoval is the founder & CEO of Own It Fitness, a personal training gym in Fremont. Miguel is a NASM certified personal trainer, corrective exercise specialist, performance enhancement specialist, and fitness nutrition specialist. Miguel utilizes the SMART method at Own It Fitness to help clients achieve their goals of Losing Weight, Increasing Strength, Improving Stamina and Gaining Confidence. Let Miguel help you apply this principle to reach new heights in your fitness journey. He can be reached at ownitfitnessllc@gmail.com or (510) 946-7652. Visit www.ownmyfitness.com.

CONNECTION CLUB SUCCESS PROMPTS NEW CLUB LAUNCH

ADDITIONAL CLUB OFFERS MORE NETWORKING OPPORTUNITIES FOR MEMBERS



designed to give maximum support and opportunity to Fremont Chamber members who understand the value of networking and doing business with people they know and trust. Connection Clubs meet to exchange leads and assist members in growing their businesses. Connection Clubs are open only to Fremont Chamber members and each club may have only one representative of any given profession or specialty.

Connect 4 Success will meet on the 1st and 3rd Tuesday of each month at lunchtime. The inaugural meeting of the new Connection Club will be on Tuesday, October 4th, from 11:45 am - 1:00 pm at a member restaurant location to be determined. Each new member of the Connection Club must pay an initial \$40 membership fee and an annual renewal of \$40 in subsequent years to maintain active membership status in the club. Fees are paid directly to the Chamber. Prospective Connection Club members are invited to join the launch of the **Connect 4 Success** Connection Club group meeting on October 4th to determine whether there is interest in joining.

If you have any questions about Connection Clubs please contact Lindsey Knight at lknight@fremontbusiness.com or call 510-795-2244.

BY LINDSEY KNIGHT
DIRECTOR OF MEMBERSHIP DEVELOPMENT

Networking is an important part of doing business and goes hand-in-hand with business success. A well developed business network will bring you leads and can connect you to the people who can help you achieve your professional goals. The Fremont Chamber Connection Clubs are just one of the many networking tools members have used to achieve growth and success in their business.

As we return to in-person business functions there has been a growing demand from our members to join a Connection Club which has presented us with the opportunity to launch a new Connection Club, Connect 4 Success, to follow the success of the currently full and established **Connect 2 Succeed** Connection Club.

Many members have found great success participating in our Connection Clubs. Connection Clubs are referral networking clubs



Do you have a business question?
Make an appointment with a SCORE small business counselor. Our SCORE counselor provides free answers to your business questions. Book an appointment now!
SCORE counseling is done by appointment only.
<https://tinyurl.com/fmtcc-book>

HOSTED BY



CALLING ALL JOB SEEKERS!
TUESDAY, OCTOBER 25, 2022
11:00 AM - 3:00 PM
DOWNTOWN EVENT CENTER
3500 Capitol Ave., Fremont, CA

- Variety of employers
- On-site Interviews
- Dress for success
- Bring your resume!

The Fremont Chamber of Commerce and City of Fremont are hosting a FREE career fair at the new Downtown Event Center on Tuesday, October 25th from 11:00 AM - 3:00 PM. If you are looking for a job or are considering a new career, now is the perfect time to start exploring the great opportunities available to you at different Fremont organizations!

